Omega Health Services

Below is a list of our basic fees. These fees may vary based on the time spent or the type of visit. If you have any questions regarding specific fees, please contact our billing department.

Initial Visit/Psychiatric Evaluation	$290.00 to $365.00
Established Pt Follow-up ranges from based on time spent	$128.00 to $325.00
Initial Visit w/Therapist	$155.00
Individual Therapy w/ Therapist—16-37 mins	$85.00
Individual Therapy w/Therapist—38-52 mins	$120.00
Individual Therapy w/Therapist—53 + mins	$150.00
Family Therapy w/Therapist—with or without pt	$188.00 to $194.00
Laboratory Services	Varies per Service
Court Appearance **(prepayment required)**	$300.00/hr
Report or Letter Preparation	$10.00 to $30.00
After Hours non-urgent calls	$10.00/call
Returned Checks	$25.00/incident
Missed Appts	100% of appt fee
Late Cancelled Appts	50% of appt fee

Please sign below to acknowledge reviewing our fees:

Signature:_____Date:_____

Please fill the following packet out completely. Please note there is information on the front and the back of the pages. If you have any questions on the packet, please ask our receptionist.

- ❑ Child
- ❑ Adult

Patient Name: _____

Address: _____

City: _____ State: _____ Zip: _____

Home Phn #: _____ Cell Phn #: _____ Email: _____

Which phone number do you prefer we contact you at? ☐ Home ☐ Cell

How do you prefer to be reminded of your appointments: ☐ Phone ☐ Text ☐ E-mail

Date of Birth: _____ Sex: _____ Marital Status: _____

Social Security Number: _____

Name of employer: _____ Business Phone: _____

Guarantor Information

Guarantor's Name: _____ Relationship: _____

Guarantor's Social Security Number: _____ Date of Birth: _____

Address (If Different): _____

City: _____ State: _____ Zip: _____ Phone: _____

Insurance Information

**Please note, that if you do not have your insurance card, you may be responsible for your bill in full.*

Primary Insurance Company name and address: _____

Subscriber Name: _____ Date of Birth: _____ SSN: _____

Relationship to Patient: _____ Policy #: _____ Group #: _____

Secondary Insurance Company name and address: _____

Subscriber Name: _____ Date of Birth: _____ SSN: _____

Relationship to Patient: _____ Policy #: _____ Group #: _____

Emergency Contact Information

Nearest Relative not residing with patient: _____

Relationship: _____ Home Phn #: _____ Work Phn #: _____

Preferred Pharmacy and Location: _____

How Did You Hear About Our Office:

- ❑ Internet/Website
- ❑ Insurance Company
- ❑ Friend or Family Member: _____
- ❑ Referral from another provider: _____

Provider Name and Phone Number

*I hereby consent to treatment by providers at this office. I hereby authorize this office to release to the above-named insurance company any information concerning illness and treatment necessary to expedite insurance payment. I understand that I am ultimately responsible for all charges, regardless of insurance coverage.

Patient/Parent/Guardian Signature: _____ **DATE:** _____

Office and Financial Policy 2019

Please carefully read and initial each statement.

1. Be aware that Omega strictly adheres to the State of Idaho's regulations concerning controlled substances and will not be able to fill these early for any circumstance. Also, be aware that we regularly check the Board of Pharmacy, and will be notified if you seek controlled substances elsewhere. We require only 48-72hour notice on controlled substance prescriptions. We will also require random Urine Drug Screens for any patients receiving controlled substances. **Any requests made prior to a maximum of 3 days early will be cause for termination of care by our office, regardless of the reason for the early request, without exception.** _____

2. **I understand that if I 'no show' I will be charged 100% of my scheduled appointment time. I understand that if I 'late cancel' (cancel without 24 hr notice), I will be charged 50% of my scheduled appointment time. I understand that this fee is *NOT* covered by insurance. I also understand that if my account receives more than three 'late cancelations' or 'no show/no calls' that my services may be terminated, and my care referred elsewhere, without exception. Please note, that arriving late to your appointment is considered a 'late cancel'.** _____

3. I understand that if I request a personal copy of my records that **there is a charge for this service.** _____

4. **I understand that co-payments and patient portions are due at the time of service and are dictated by the insurance companies.** Failing to collect this payment is a violation of our agreement with your insurance company. Additionally, any patient balance that reaches 60 days will be assessed a 1.5% interest rate compounded monthly. Also, any patient balances that reach 60 days or over without contact or payment will be automatically transferred to collections and care will be terminated. _____

5. I understand that services will be suspended if my account balance reaches more than $200.00 or more than two copayments are not paid consecutively at the time of service until the outstanding balance is paid in full. **Your account must remain, at all times, current.** _____

6. I understand that I am ultimately responsible for my bill, regardless of insurance status. I understand that it is my responsibility to contact my insurance company to verify benefits, provider contracting status, and authorization for treatment guidelines prior to my appointment. **Although our providers do contract with many insurance plans, they may not be contracted with yours.** _____

7. I understand that if I request forms to be filled out without an appointment, that there is a fee for this service ranging from $10 to $30, depending on the length of time it takes my provider to complete the forms. I also understand that **I must follow up as directed and keep my account current or Omega will be unable to complete my forms.** _____

8. I understand that calling the afterhour's answering service for **non-urgent issues such as routine prescription refills and scheduling questions** may result in a fee being assessed to my account. I also understand that **excessive calling may result in a charge on my account**, and the charge is at the discretion of my provider. _____

9. **I understand that if the patient is a child or adolescent I am solely responsible for the account regardless of divorce or custody.** It will be my responsibility to collect from any other parties involved. _____

I give my consent to the office of Omega Mental Health to fax labs/medication prescriptions to the pharmacy or lab of my choice. I have read, understood, and agree with all the above listed consents and disclosures. Please know that **regardless of signature/initials on this page that all office policies will still be enforced**.

For:_____

Print Patient Name DOB

_____

Signature of Patient/Parent/Guardian

OUR PATIENT PORTAL
IS NOW ACTIVE!

MANAGE YOUR OWN APPOINTMENTS:

You can schedule, cancel, and verify your own appointment.

MANAGE YOUR MEDICATION AND CARE:

You can request refills, send messages to your provider to clarify directions or ask questions, and access visit summaries.

PLEASE FILL OUT THE FOLLOWING TO ACCESS THE PORTAL:

Do you wish to sign up for our online patient portal? Yes No
*If yes, you will need to give us your e-mail address to receive the invitation. (Circle One)

E-mail:_____

OMEGA MENTAL HEALTH

NOTIFICATION AND AUTHORIZATION OF CHARGE

Please carefully read, initial, and sign.

1. I am aware that, per office policy, any appointments that are cancelled late (without 24-hour notice) will incur a fee of 50% of the allotted scheduled time. I am aware that, per office policy, any appointment deemed a 'no show/no call' will incur a fee of 100% of the allotted scheduled time. I am also aware that in the event that I incur a 'late cancellation' or 'no show' charge on my account that the credit card information listed below will be charged for this fee the day of the scheduled appointment. If there is a discrepancy with the charge made, and it is found to be an error, the amount charged will be refunded._____

2. I am aware that my account must be current at all times. If my account is not current and is scheduled for collections, and I have failed to return phone calls or respond to billing statements, I authorize the balance to be charged to the card listed below, in order to safeguard my credit._____

Visa MasterCard Amex Discover (circle one)

Account Number:_____
Expiration Date:_____
Zip Code:_____
Security Code:_____

Signature:_____
Card member/account holder acknowledges terms and conditions and agrees to perform the obligations set forth by this agreement with the issuer.

OMEGA MENTAL HEALTH

Authorization for Communication of Protected Health Information to Family Members and Friends

Patient Name:_____

Date of Birth:_____

*Please note, any minors age 14 or older must sign this form if they would like their parents to be able to access the following information.

1. I authorize Omega Mental Health to discuss/share protected health information about me with the following individual(s) who are involved in my care:

Name:	Relationship:	Phone No:
Name:	Relationship:	Phone No:
Name:	Relationship:	Phone No:

2. Type of information to be shared or disclosed:
   - Appointment Information
   - Prescription Information
   - ALL Information

3. I authorize Omega Mental Health to leave detailed phone messages about my medical and health plan information with the following:
   - Voicemail
   - Person Answering

This authorization shall remain in effect until revoked in writing by the patient.
Submitting a new form will revoke existing form.

X_____

Signature of patient/authorized individual

Date

Today's Date _____

Health History

Patient Name _____ Age _____ Birth date _____

Occupation _____ Last Physical Examination Date _____

Are you allergic to any medications? If yes, please list them.

Have you or any member of your family been diagnosed with any of the following conditions? List affected family member, if applicable.

	Self	Family	Date
Abnormal Electrocardiogram	_____	_____	_____
Cancer-where and what type	_____	_____	_____
Cataracts/Glaucoma	_____	_____	_____
Colon or Bowel Trouble	_____	_____	_____
Diabetes	_____	_____	_____
Epilepsy	_____	_____	_____
Heart Murmur as Adult	_____	_____	_____
Heart Attack	_____	_____	_____
High Blood Pressure	_____	_____	_____
Kidney Disease	_____	_____	_____
Kidney Stones	_____	_____	_____
Liver disease	_____	_____	_____
Lung disease	_____	_____	_____
Nervous system disorder	_____	_____	_____
Poor Blood Clotting	_____	_____	_____
Skin Condition	_____	_____	_____
Stomach or Duodenal Ulcer	_____	_____	_____
Sexually Transmitted Disease	_____	_____	_____
Thyroid Disorder	_____	_____	_____
MEN			
Prostate Problems	_____	_____	_____
WOMEN			
Menstrual Difficulties	_____	_____	_____
Cystitis	_____	_____	_____
Ovarian Cyst	_____	_____	_____
Other Gynecological Problems	_____	_____	_____
Still Menstruating? Yes/No	_____	NA	_____
Age period started _____	Age period stopped _____	Number of pregnancies _____	
Number of children _____	Number of miscarriages _____		

Is there any chance you may be pregnant?

Hospitalization's and Dates:

CHILD/ADOLESCENT INTAKE QUESTIONNAIRE

Parent please be thorough, but be ***brief*** with your responses when possible. Please respond to every item for complete accuracy.

Patients Name:_____ DOB:_____Today's Date:_____

Please ***briefly*** describe the reason for your child/adolescents visit or their current problem(s):

PAST PSYCHIATRIC HISTORY:

Has the patient previously been involved in mental health services? Yes No
Previous Counseling? Yes No If so, please ***briefly*** indicate ***with whom, from when to when and why?***

Please list what, if any, ***psychiatric medications they have taken in the past:*** None:_____

1) _____ 4) _____
2) _____ 5) _____
3) _____ 6) _____

Please list their ***current psychiatric medications*** (by name and amount taken each day): None:_____

1) _____ 4) _____
2) _____ 5) _____
3) _____ 6) _____

Have they been ***hospitalized for psychiatric*** reasons? Yes No
How many times: _____

When (age, grade or date is fine) were they first ***psychiatrically hospitalized*** and ***why***?

When most recently and why?

Have they had any past suicide attempts? Yes No How many times: _____

If yes, ***by what method?***

If they have attempted suicide more than once, ***how old were they when first attempted, and when last?***

SAFETY ISSUES:

Does your child have access to any of the following?
_____Large quantities of medications
_____Firearms or other weapons: (list which types)_____

Does your child have any other safety issue we should know about? _____
_____

FAMILY HISTORY:

Do any members of your immediate or extended family have psychiatric illness? If so, can you name the diagnoses?

Have there been any completed suicides in your family? If so, who and when?

DEVELOPMENTAL HISTORY:
Were there any complications with pregnancy or delivery? Yes No
If so, briefly explain:

List any developmental problems your child has exhibited:

Any known ***Developmental Delays***? Yes No If not, proceed to **Medical History** below.

Motor skills: sitting at 6 months: Yes No Walking by one year? Yes No
If not, when?_____

Verbal skills: problems talking by 1 year: Yes No Speech therapy: Yes No

Social skills: Problems with interactions with others: Yes No
Same age friends: Yes No

MEDICAL HISTORY:
List any surgeries your child has had and when:

List any chronic medical illness your child has had (i.e. asthma, allergies, diabetes, etc...):

List any medications the child is currently taking for medical problems:

Are there any known allergies to medications? Yes No If yes, list below:

PSYCHOSOCIAL HISTORY:
Where was your child born? _____
Who raised the child, biological parents? Yes No If not, briefly explain:

Child of original marriage or parents separated or divorced—if so, when?

With whom does the child currently live?

Childhood: OK?_____ Not OK?_____ If not, briefly state why?

Spirituality/Faith/Religious preference?_____

History of having been physically/emotionally/mentally abused: Yes No
If yes, briefly explain over what age period & by whom:

History of having been sexually abused: Yes No
If yes, briefly explain over what age period & by whom:

KNOWN DRUG & ALCOHOL HISTORY:
Known drug or alcohol use? Yes No
If so, when did this begin? (What grade in school or how old):_____
What substances were used?

Has there been any substance abuse treatment? Yes No

TOBACCO HISTORY:
Never Smoked:_____

Current Smoker: Yes No

If yes, please answer the following:
How often?
_____Some Days
_____Every Day

How much?
_____Less than one pack per day
_____One pack per day
_____Two packs per day
_____More than two packs per day

Former Smoker: Yes No
How long ago did you quit:_____
How often did you smoke?
_____Some Days
_____Every Day

How much did you smoke?
_____Less than one pack per day
_____One pack per day
_____Two packs per day
_____More than two packs per day

LEGAL HISTORY/DETENTION:
Please describe any legal problems:

EDUCATIONAL HISTORY:
Current grade: _____Ever held back? Yes No
Any Special Education:

Please describe any behavior problems at school:

For Office Use Only
Diagnosis:_____

_____

Initial Tx:_____

_____

DSM-5 Parent/Guardian-Rated Level 1 Cross-Cutting Symptom Measure—Child Age 6–17

Child's Name: _____ **Age:** ____ **Sex:** ☐ Male ☐ Female **Date:** _____

Relationship with the child: _____

Instructions *(to the parent or guardian of child):* The questions below ask about things that might have bothered your child. For each question, circle the number that best describes how much (or how often) your child has been bothered by each problem during the **past TWO (2) WEEKS.**

		During the past **TWO (2) WEEKS,** how much (or how often) has your child...	None Not at all	Slight Rare, less than a day or two	Mild Several days	Moderate More than half the days	Severe Nearly every day	Highest Domain Score (clinician)
I.	1.	Complained of stomachaches, headaches, or other aches and pains?	0	1	2	3	4	
	2.	Said he/she was worried about his/her health or about getting sick?	0	1	2	3	4	
II.	3.	Had problems sleeping—that is, trouble falling asleep, staying asleep, or waking up too early?	0	1	2	3	4	
III.	4.	Had problems paying attention when he/she was in class or doing his/her homework or reading a book or playing a game?	0	1	2	3	4	
IV.	5.	Had less fun doing things than he/she used to?	0	1	2	3	4	
	6.	Seemed sad or depressed for several hours?	0	1	2	3	4	
V. & VI.	7.	Seemed more irritated or easily annoyed than usual?	0	1	2	3	4	
	8.	Seemed angry or lost his/her temper?	0	1	2	3	4	
VII.	9.	Started lots more projects than usual or did more risky things than usual?	0	1	2	3	4	
	10.	Slept less than usual for him/her, but still had lots of energy?	0	1	2	3	4	
VIII.	11.	Said he/she felt nervous, anxious, or scared?	0	1	2	3	4	
	12.	Not been able to stop worrying?	0	1	2	3	4	
	13.	Said he/she couldn't do things he/she wanted to or should have done, because they made him/her feel nervous?	0	1	2	3	4	
IX.	14.	Said that he/she heard voices—when there was no one there—speaking about him/her or telling him/her what to do or saying bad things to him/her?	0	1	2	3	4	
	15.	Said that he/she had a vision when he/she was completely awake—that is, saw something or someone that no one else could see?	0	1	2	3	4	
X.	16.	Said that he/she had thoughts that kept coming into his/her mind that he/she would do something bad or that something bad would happen to him/her or to someone else?	0	1	2	3	4	
	17.	Said he/she felt the need to check on certain things over and over again, like whether a door was locked or whether the stove was turned off?	0	1	2	3	4	
	18.	Seemed to worry a lot about things he/she touched being dirty or having germs or being poisoned?	0	1	2	3	4	
	19.	Said that he/she had to do things in a certain way, like counting or saying special things out loud, in order to keep something bad from happening?	0	1	2	3	4	
		In the past **TWO (2) WEEKS,** has your child ...						
XI.	20.	Had an alcoholic beverage (beer, wine, liquor, etc.)?	☐ Yes	☐ No	☐ Don't Know			
	21.	Smoked a cigarette, a cigar, or pipe, or used snuff or chewing tobacco?	☐ Yes	☐ No	☐ Don't Know			
	22.	Used drugs like marijuana, cocaine or crack, club drugs (like ecstasy), hallucinogens (like LSD), heroin, inhalants or solvents (like glue), or methamphetamine (like speed)?	☐ Yes	☐ No	☐ Don't Know			
	23.	Used any medicine without a doctor's prescription (e.g., painkillers [like Vicodin], stimulants [like Ritalin or Adderall], sedatives or tranquilizers [like sleeping pills or Valium], or steroids)?	☐ Yes	☐ No	☐ Don't Know			
XII.	24.	In the past **TWO (2) WEEKS,** has he/she talked about wanting to kill himself/herself or about wanting to commit suicide?	☐ Yes	☐ No	☐ Don't Know			
	25.	Has he/she EVER tried to kill himself/herself?	☐ Yes	☐ No	☐ Don't Know			

DSM-5 Self-Rated Level 1 Cross-Cutting Symptom Measure—Child Age 11–17

Name: _____ Age: ____ Sex: ☐ Male ☐ Female Date: _____

Instructions: The questions below ask about things that might have bothered you. For each question, circle the number that best describes how much (or how often) you have been bothered by each problem during the **past TWO (2) WEEKS.**

		During the past **TWO (2) WEEKS,** how much (or how often) have you...	None Not at all	Slight Rare, less than a day or two	Mild Several days	Moderate More than half the days	Severe Nearly every day	Highest Domain Score (clinician)
I.	1.	Been bothered by stomachaches, headaches, or other aches and pains?	0	1	2	3	4	
	2.	Worried about your health or about getting sick?	0	1	2	3	4	
II.	3.	Been bothered by not being able to fall asleep or stay asleep, or by waking up too early?	0	1	2	3	4	
III.	4.	Been bothered by not being able to pay attention when you were in class or doing homework or reading a book or playing a game?	0	1	2	3	4	
IV.	5.	Had less fun doing things than you used to?	0	1	2	3	4	
	6.	Felt sad or depressed for several hours?	0	1	2	3	4	
V. & VI.	7.	Felt more irritated or easily annoyed than usual?	0	1	2	3	4	
	8.	Felt angry or lost your temper?	0	1	2	3	4	
VII.	9.	Started lots more projects than usual or done more risky things than usual?	0	1	2	3	4	
	10.	Slept less than usual but still had a lot of energy?	0	1	2	3	4	
VIII.	11.	Felt nervous, anxious, or scared?	0	1	2	3	4	
	12.	Not been able to stop worrying?	0	1	2	3	4	
	13.	Not been able to do things you wanted to or should have done, because they made you feel nervous?	0	1	2	3	4	
IX.	14.	Heard voices—when there was no one there—speaking about you or telling you what to do or saying bad things to you?	0	1	2	3	4	
	15.	Had visions when you were completely awake—that is, seen something or someone that no one else could see?	0	1	2	3	4	
X.	16.	Had thoughts that kept coming into your mind that you would do something bad or that something bad would happen to you or to someone else?	0	1	2	3	4	
	17.	Felt the need to check on certain things over and over again, like whether a door was locked or whether the stove was turned off?	0	1	2	3	4	
	18.	Worried a lot about things you touched being dirty or having germs or being poisoned?	0	1	2	3	4	
	19.	Felt you had to do things in a certain way, like counting or saying special things, to keep something bad from happening?	0	1	2	3	4	
		In the past **TWO (2) WEEKS,** have you...						
XI.	20.	Had an alcoholic beverage (beer, wine, liquor, etc.)?	☐ Yes		☐ No			
	21.	Smoked a cigarette, a cigar, or pipe, or used snuff or chewing tobacco?	☐ Yes		☐ No			
	22.	Used drugs like marijuana, cocaine or crack, club drugs (like Ecstasy), hallucinogens (like LSD), heroin, inhalants or solvents (like glue), or methamphetamine (like speed)?	☐ Yes		☐ No			
	23.	Used any medicine without a doctor's prescription to get high or change the way you feel (e.g., painkillers [like Vicodin], stimulants [like Ritalin or Adderall], sedatives or tranquilizers [like sleeping pills or Valium], or steroids)?	☐ Yes		☐ No			
XII.	24.	In the last 2 weeks, have you thought about killing yourself or committing suicide?	☐ Yes		☐ No			
	25.	Have you EVER tried to kill yourself?	☐ Yes		☐ No			

Omega Health Services

Acknowledgement of receipt of Notice of Privacy Practices:

You may refuse to sign this acknowledgement

I have received a copy of this offices Notice of Privacy Practices.

_____
Print Name

_____
Signature

_____
Date

For Office Use Only

We attempted to obtain written acknowledgement of receipt of our Notice of Privacy Practices, but acknowledgement could not be obtained because:

Individual refused to sign.

Communication barriers prohibited obtaining the acknowledgement.

An emergency situation prevented us from obtaining acknowledgement.

Other:_____